



R-Kidz Menu

January 20 - 24, 2020



Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast CLOSED Martin Luther King Jr	Breakfast W/G Cheerios Pineapple Milk	Breakfast Corn Chex W/W Toast Peaches Milk	Breakfast Corn Flakes Bananas Milk	Breakfast Scrambled Eggs W/W Toast Mixed Fruit Milk
Snack Closed Martin Luther King Jr	Snack Pretzels Peanut Butter	Snack Gold Fish Crackers Apple Juice	Snack Graham Crackers Peanut Butter	Snack Apples /Cheese Crackers
Lunch CLOSED Martin Luther King Jr	Lunch Fish Fillet (Pollock) Malibu Blend Vegetables W/W Bread & Butter Oranges Milk	Lunch Tuna Sandwich/WW Carrot & Celery Sticks Ranch Dressing Bananas Milk	Lunch Chicken & Corn Bread Stuffing Mixed Vegetables Pears Milk	Lunch White Beans & Ham Cornbread Apple Slices Milk
Snack CLOSED Martin Luther King Jr	Snack Trail Mix Milk	Snack Tuna Sandwich Squares on W/W Drink	Snack Peanut Butter Sandwich Squares on W/W	Snack W/W Ritz & Cheese Drink

Thought for the Week!

Consider this...Relationships are like the ocean currents; they will take you to your dream or pull you away from it.

Author unknown